

SPAR/YMCA

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Learn to strengthen your body in a safe, friendly and accepting environment!

Open to any person regardless of disability.

The instructor will modify activity.

Every Tuesday!

July 6th - September 28th

1-2 PM

\$3 per person

(No extra cost for YMCA gym fee)

YMCA of Marquette

****Sign in at front desk under SAIL group****



HE CAN DO IT AND SO

CAN YOU!!!



YMCA of Marquette

1420 Pine Street

Call 227-9622 to sign up.

